



Name: _____

SNACKS AT THE PLAYGROUND

Learn Together Discussion Sheet

♥ Let's Learn Together!

This story teaches us that making choices can sometimes be difficult when there are many good options. Let's think, talk, and learn together!



Making Choices

Every day we make choices.

We can:

- ★ Think about our options
- ★ Consider what we need
- ★ Listen to helpful advice
- ★ Make thoughtful decisions
- ★ Feel confident about our choices



Remember

Gracie needed to choose three snacks for the family's trip to the playground.

There were many tasty foods to choose from.

By thinking carefully and listening to her family, Gracie selected grapes, crackers, and water.



Part A: Story Comprehension

- 1 Where was Gracie going with her family?

- 2 How many snacks did Mother say they needed?

- 3 What was the first snack Gracie chose?

- 4 What was the second snack Gracie chose?

- 5 What was the third snack Gracie chose?



Part B: Learn Together Discussion Questions

- 1 Why was it difficult for Gracie to choose snacks?

- 2 How did her family help her make decisions?

- 3 Why is it important to think carefully before choosing?

- 4 What three snacks would you choose for a trip to the playground?

- 5 How do you feel when you finally make a decision?



Think About It

- ★ Why did Gracie look in different places around the kitchen?
- ★ How did Father, Mother, and Brother help her?
- ★ Why were grapes, crackers, and water good choices for the playground?



Let's Talk Together

- ★ What is your favorite healthy snack?
- ★ What are some choices you make every day?



Big Idea

Good choices happen when we take time to think about our options and what we need.