

**Professional Development**

# **FOLLOW-ALONG HANDOUT ANSWER SHEETS**

**Includes Answer Sheets for:**

1. 3 Ways to Use Stories to Help Children Learn
2. How to Turn a Real-Life Moment into a Children's Story
3. How to Find the Valuable Life Lesson in Your Children's Story
4. How to Find the Meaning in Your Life Story
5. 5 Steps to Turn Your Life Story into a Meaningful Memoir
6. Should You Use Real Names in Your Memoir?
7. How to Write the Painful Parts of Your Story

**FREE PROFESSIONAL DEVELOPMENT RESOURCE**

**Dr. Grace LaJoy Henderson**

Inspirations by Grace LaJoy, LLC

# 3 Ways to Use Stories to Help Children Learn

## PROFESSIONAL DEVELOPMENT ANSWER SHEET

### WORD-FOR-WORD ANSWERS FROM THE PRESENTATION

The answers below are exact words or phrases spoken in the presentation.

#### ANSWER KEY

1. A good story can help children strengthen literacy skills, think critically, understand emotions, develop character, and make meaningful connections to:

**Answer:** their own lives

2. Way 1 is:

**Answer:** Pause and Ask

3. The first strategy is to pause and ask:

**Answer:** purposeful questions

4. Way 2 is:

**Answer:** Connect the Story to the Child

5. The second strategy helps children make:

**Answer:** personal connections

6. Way 3 is:

**Answer:** Extend the Story Into Learning

7. The third strategy is to continue the learning:

**Answer:** after the story ends

8. Stories can help children understand, question, connect, reflect, and:

**Answer:** grow

#### ONE IDEA TO REMEMBER

**Responses will vary.** This section is for the viewer's own reflection or application.

# How to Turn a Real-Life Moment into a Children's Story

## PROFESSIONAL DEVELOPMENT ANSWER SHEET

### WORD-FOR-WORD ANSWERS FROM THE PRESENTATION

The answers below are exact words or phrases spoken in the corresponding presentation.

#### ANSWER KEY

1. Some of the best ideas for children's stories may already be hiding inside our:

**Answer: memories**

2. Think about a funny, touching, surprising, or meaningful \_\_\_\_\_ that has stayed with you.

**Answer: experience**

3. Identify the humor, problem, surprise, relationship, feeling, or \_\_\_\_\_ that could engage a child.

**Answer: lesson**

4. The people in the children's story do not have to remain exactly who they were in:

**Answer: real life**

5. The memory gives me the foundation. My \_\_\_\_\_ helps me build the story.

**Answer: imagination**

6. The details may change, but the feeling, meaning, humor, or \_\_\_\_\_ that made the original experience memorable can remain.

**Answer: lesson**

7. When creating a children's story, a real moment can inspire a \_\_\_\_\_ one.

**Answer: fictional**

#### ONE IDEA TO REMEMBER

Responses will vary. This final section is the viewer's own note or reflection.

# How to Find the Valuable Life Lesson in Your Children's Story

For Writers and Storytellers

## PROFESSIONAL DEVELOPMENT ANSWER SHEET

### WORD-FOR-WORD ANSWERS FROM THE PRESENTATION

The answers below are exact words or phrases spoken in the corresponding presentation.

#### ANSWER KEY

1. Don't worry about naming the life lesson yet. Simply look at what \_\_\_\_\_.

**Answer: happens**

2. Sometimes the lesson can be found in how the main character responds to a \_\_\_\_\_.

**Answer: challenge**

3. Sometimes another character reveals the valuable life \_\_\_\_\_.

**Answer: lesson**

4. If you can point to where the lesson is demonstrated, then the lesson is coming \_\_\_\_\_ from the story.

**Answer: naturally**

5. These questions move the valuable life lesson from the character's experience into the child's own \_\_\_\_\_.

**Answer: thinking**

6. Let the story \_\_\_\_\_ it.

**Answer: show**

7. Show the valuable life lesson through the \_\_\_\_\_.

**Answer: story**

8. Explore the valuable life lesson through \_\_\_\_\_.

**Answer: discussion**

9. You may discover that the valuable life lesson was there all \_\_\_\_\_.

**Answer: along**

#### ONE IDEA TO REMEMBER

Responses will vary. This final section is the viewer's own note or reflection.

# How to Find the Meaning in Your Life Story

For Memoir Writers and Storytellers

## PROFESSIONAL DEVELOPMENT ANSWER SHEET

### WORD-FOR-WORD ANSWERS FROM THE PRESENTATION

The answers below are exact words or phrases spoken in the corresponding presentation.

#### ANSWER KEY

1. Don't put pressure on yourself to know the \_\_\_\_\_ yet.

**Answer: meaning**

2. The experience came first. The \_\_\_\_\_ became clearer later.

**Answer: meaning**

3. Writing became more than a way to tell people what happened to me. It helped me \_\_\_\_\_ what happened to me.

**Answer: understand**

4. Sometimes meaning is found not in changing the past, but in changing how we \_\_\_\_\_ it.

**Answer: understand**

5. Sometimes other people see something in our stories that we don't recognize because we are too \_\_\_\_\_ to the experience.

**Answer: close**

6. Their questions and reactions may help you see something you \_\_\_\_\_.

**Answer: overlooked**

7. You don't have to change the \_\_\_\_\_ with your memoir.

**Answer: world**

8. Sometimes the meaning is found in how we learn to understand, accept, or \_\_\_\_\_ through something we cannot change.

**Answer: grow**

9. Because sometimes we write after we have found the meaning. And sometimes... we write in order to \_\_\_\_\_ it.

**Answer: find**

#### ONE IDEA TO REMEMBER

Responses will vary. This final section is the viewer's own note or reflection.

# 5 Steps to Turn Your Life Story into a Meaningful Memoir

## PROFESSIONAL DEVELOPMENT ANSWER SHEET

### WORD-FOR-WORD ANSWERS FROM THE PRESENTATION

The answers below are exact words or phrases spoken in the presentation.

#### ANSWER KEY

1. Step 1: Find the Message Before You Write the:

**Answer:** Story

2. Your message is what gives your experiences:

**Answer:** purpose

3. Step 2: Choose the Experiences That Support Your:

**Answer:** Message

4. Step 3: Create the:

**Answer:** Journey

5. Your timeline becomes a:

**Answer:** roadmap

6. Step 4: Tell What Happened — and What It:

**Answer:** Meant

7. Step 5: Give Something Back to the:

**Answer:** Reader

8. Your life gives you the story. Your message gives the story:

**Answer:** purpose

#### ONE IDEA TO REMEMBER

**Responses will vary.** This section is for the viewer's own reflection or application.

# Should You Use Real Names in Your Memoir?

## PROFESSIONAL DEVELOPMENT ANSWER SHEET

### WORD-FOR-WORD ANSWERS FROM THE PRESENTATION

The answers below are exact words or phrases spoken in the presentation.

#### ANSWER KEY

1. When writing a true story involving real people, think carefully about privacy, relationships, and the possible consequences of:

**Answer:** publication

2. It may be your story, but other people are:

**Answer:** in it

3. Ask permission when you believe it is:

**Answer:** appropriate

4. Permission to tell the story does not have to mean revealing:

**Answer:** everything

5. Just because something is true doesn't mean every detail has to be:

**Answer:** included

6. Protecting someone's privacy doesn't necessarily mean hiding your:

**Answer:** truth

7. Seek legal guidance when:

**Answer:** necessary

8. Responsible memoir writing is also about deciding how you want to tell it—and:

**Answer:** why

#### ONE IDEA TO REMEMBER

**Responses will vary.** This section is for the viewer's own reflection or application.

# How to Write the Painful Parts of Your Story

## PROFESSIONAL DEVELOPMENT ANSWER SHEET

### WORD-FOR-WORD ANSWERS FROM THE PRESENTATION

The answers below are exact words or phrases spoken in the presentation.

#### ANSWER KEY

1. Difficult truths can be told with purpose, integrity, and:

**Answer:** care

2. Principle 1: Tell the Truth, Not the:

**Answer:** Revenge

3. Principle 2: Include What the Reader Needs — Not Every Painful:

**Answer:** Detail

4. Principle 3: Write From What You:

**Answer:** Know

5. Principle 4: Allow People to Be Human Without Excusing Harmful:

**Answer:** Behavior

6. Principle 5: Turn the Pain Toward a:

**Answer:** Purpose

7. Whenever possible, separate what you know from what you:

**Answer:** assume

8. A painful memory can become a story with:

**Answer:** purpose

#### ONE IDEA TO REMEMBER

**Responses will vary.** This section is for the viewer's own reflection or application.