

Lesson Thirteen

This lesson coincides with Chapter Thirteen of the book, *A Gifted Child in Foster Care: A Story of Resilience* **Chapter Thirteen – “Empowerment for Children”**

Character Trait – “Forgiveness”

Interpreting and Evaluating Information

Read the two questions below and place and “X” on the line next to the correct answer.

1. What did Grace have to let go of in order to walk into her successful future?
☐ Her best friend
☐ Her painful past
☐ Her dog
2. How long did Grace dwell on the negative, hurtful things after she left foster care?
☐ Five months
☐ Thirty years
☐ Ten years

Circle all of the correct responses.

What positive things did Grace dwell on that caused her to truly let go of the negative experiences?

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| ☐ Stable home environment | ☐ Being “smart” or “gifted” |
| ☐ Her beauty | ☐ Having a brand new bike |
| ☐ Good physical hygiene | ☐ Being an unwed mother |
| ☐ Going to church | ☐ Learning to cook |
| ☐ Proper housekeeping | ☐ Regular health care |

Fill in the blanks below with the correct words.

1. The best way to start moving _____ is to _____ from looking back.
2. If used effectively, your life experiences will make you _____ and _____ others.

True or False

Write a "T" on the line next to the statement below if it is true and an "F" if it is false.

_____ Three things you can do to use your life experiences effectively are: Recognize your power, be confident, and take advantage of opportunities.

_____ You were born for a purpose and you should never give up.

Character Trait Discussion

The Character Trait for Lesson Thirteen is "Forgiveness"

Forgiveness to let go of negative past experiences and move forward. To release someone of something they did to hurt you. To show love toward someone who has done something wrong.

Chose one of the three questions below. Write your answer in the space provided then discuss it with your group.

1. What caused forgiveness to be released in Grace's heart? Who did she have to forgive?
2. Think of someone who hurt you. Have you forgiven that person? If so, how were you able to do it? If not, why not?
3. Do you feel forgiveness is important? Why or why not?
