

Lesson Fourteen

This lesson coincides with Chapter Fourteen of the book, *A Gifted Child in Foster Care: A Story of Resilience* **Chapter Fourteen – “Empowerment for Parents”**

Character Trait – “Building Self-esteem”

Interpreting and Evaluating Information

Read the question below and place an “X” on the line next to the correct answer.

1. What is a “gift”?

_____ A birthday present
_____ Doing something nice for someone
_____ An unlearned talent

Circle all of the correct responses.

Which of the following steps will help parents empower their child?

Buying their child a pet
Paying attention to what their child enjoys
Recognizing what their child is naturally good at
Giving their child money
Knowing that they have the power to shape their child’s life

Fill in the blanks below with the correct words.

1. All children are _____ in one way or another.
2. One who has a gift _____ using it.

True or False

Write a “T” on the line next to the statement below if it is true and an “F” if it is false.

_____ Parents should provide opportunities for their child to participate in the thing he/she enjoys.
_____ You should not pursue your gift unless it will cause you to make a lot of money.

Character Trait Discussion

The Character Trait for Lesson Fourteen is “Building Self-esteem”

Building Self-esteem means doing or saying something to empower someone to know that they are important. Assuring someone that they have the power to do great things.

Chose one of the three questions below. Write your answer in the space provided then discuss it with your group.

1. Parents can build their children's self esteem by helping them to recognize that they have a gift. Can you think of other ways parents can help build children's self-esteem?
2. What are two things your teacher can say or do to help build your self-esteem?
3. What are three things you can do or say to help build someone else's self-esteem?

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